

# Visiting the Centre in Person

## Covid Guidelines September 2021

### What is the Centre doing to minimise the risk of Covid infection?

**We are following the Government's Covid-19 Secure Guidelines. Here are the changes we're asking you to bear in mind if you come:**

**Feeling unwell?** – Please do not visit the Centre if you are experiencing Covid-19 symptoms (high temperature/fever or cough or loss of taste or loss of smell). Let a member of the centre team know asap if you have been in the centre and subsequently test positive for coronavirus.

**Track and Trace** - Please register when you arrive, either by using the QR code or by signing in with your group leader.

**Physical distancing** – We ask all participants to maintain a 2-metre distance from other people. Please do not linger in the cloakroom area where the space is narrow.

**Face Covering** – When entering the building please wear a face covering when moving around unless medically exempt. When you are sitting, you may take the face covering off but please put it in a pocket or bag when you are not wearing it and not on a table, chair, mat, etc.

If you're clinically vulnerable, or just want to take extra precautions, take a look at the WHO website for information on the types of masks that give you more protection:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/question-and-answers-hub/q-a-detail/coronavirus-disease-covid-19-masks>

**Hand washing and hand sanitiser** – We ask all visitors to wash or sanitise their hands upon entering or leaving the building. There are also hand sanitiser stations around the building.

**Cleaning** – All frequently touched areas will be cleaned before and after each event.

**Water** – Please bring your own drink if possible, there will not be hot drinks available.

**Clinically vulnerable persons** - If you have additional needs then please do contact the class teacher before the event to discuss any adjustments we can make for you.

**Donations** - We still rely on your donations, but are unable to accept cash at the moment. Please give your donation via our website: <https://bristol-buddhist-centre.org/donate/>

Many thanks.