

Puja to Amitabha

1. Going for Refuge

I and all sentient beings
From this time forth
Until the attainment of awakening,
Go for refuge to the Buddha Amitabha,
Go for refuge to the sacred Dharma,
Go for refuge to the noble Sangha.

Refuges and precepts

2. Generating Bodhicitta

Once I have attained perfect Buddhahood,
I shall free all sentient beings
From the ocean of Samsara's suffering
And lead them to the freedom of awakening.
For this purpose I shall practise
All the stages of the Bodhisattva's path.

May all beings be happy,
May they be free from suffering,
May they never be separated from their happiness,
And may they realise the state of equanimity,
Free from attachment and aversion.

3. Making Offerings

I make obeisance to Amitabha
The ruby-red Buddha
Of Infinite Light
Who sits in deepest samadhi
Upon a radiant red lotus throne.

To you, Amitabha,
I send forth the goddesses of worship:
Bearing pure sparkling water,
The rarest and most precious perfumes,
Beautiful flowers and pleasing incense,
Lighted lamps and perfumed balms,
Delightful and delicious foods,
And heavenly music which transports the mind.

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4. Confession

I confess whatever ways I have strayed,
Under the power of unawareness
from Amitabha's loving compassion.

I confess all deluded acts of body
I prostrate and give praise to Amitabha's body.
I confess all deluded acts of speech
I prostrate and give praise to Amitabha's speech.
I confess all deluded acts of mind
I prostrate and give praise to Amitabha's mind.

5. Entreaty

HUM! Amitabha!

I entreat you to remove all obstacles!

I entreat you to come and grant your great blessing!

You who dwell in Sukhavati,

Please turn the wheel of the Dharma.

Regard all beings with your compassionate eyes.

You made the Great Vow of giving protection to all beings.

I entreat you that I and all beings

May be reborn into the Pure Land of Sukhavati.

Reading

6. Aspiration

Wonderful Buddha of Infinite Light

Surrounded by numberless Buddhas and Bodhisattvas.

Joy and happiness without limit

Is found in your Pure Land, Sukhavati.

May I be born there as soon as I pass from this life

Without taking birth anywhere else in the meantime.

Having been born there may I see Amitabha's face.

May the Buddhas and Bodhisattvas of all directions

Give their blessings that this aspiration

Be accomplished without hindrance.

7. Dedication

I dedicate this merit to all sentient beings

In order that they may attain full awakening

Through the merit of these acts,

May I quickly realise the state of Buddhahood

And having done so,

May I help all beings without exception

To reach that profound state.